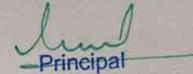


ABV Govt. College Naura, Distt. Kangra HP
Criteria-2 Student Support, Services and Progression (Score 280)
Session: 2024-25

Sr.No. 7 Gender Equity

Sr. No.	Activity	Status	Score Claimed
i	No. of health/sensitisation programmes organised	3	3
ii	Percentage of students benefitted	More than 50%	3
iii	Women Anti-sexual harassment committee constituted as per norms	Yes	2
iv	Grievances Redressal as per timeline	Yes	2

Total score claimed: 10


Principal
Atal Bihari Vajpayee
Govt. College Naura
Distt. Kangra. DDO 213

7 (i)

A Seminar on Health and Hygiene

Date: 28.08.24

Time: 1 pm

Organizer: Women Grievance Redressal Cell

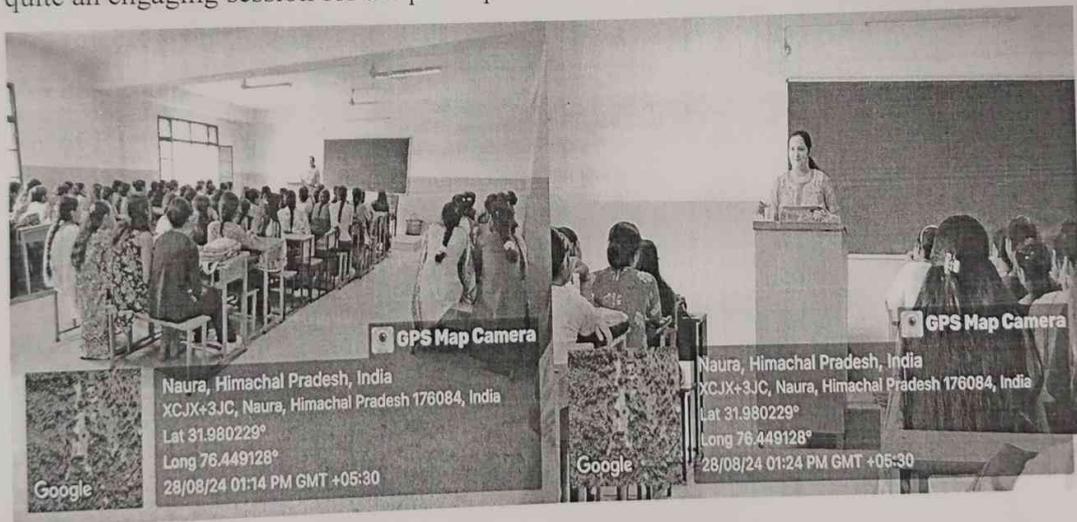
Venue : Room No 4

No. of Participants: 85

Resource Person : Ms Pooja (Department of Health)

REPORT

The Women Grievance Redressal Cell organised a seminar on health and hygiene, especially for the girl students. Ms Pooja from the department of health along with her team sensitized the girl students regarding the basic concepts of maintaining good health and personal hygiene especially during the menstruation days. She also emphasised on the usage of cotton pads instead of the ones that are regularly used. Ms Pooja gave a live demonstration on the fact that how we compromise our hygiene when these pads are not changed frequently. It was quite an engaging session for the participants as well.



M. Patel
IQAC COORDINATOR

Principal
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Atal Bihari Vajpayee
Govt. College Naura
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7(i)

Sensitization Program for Girls

Date: 30.08.24

Time: 12:30 pm

Organizer: Women Grievance Redressal Cell

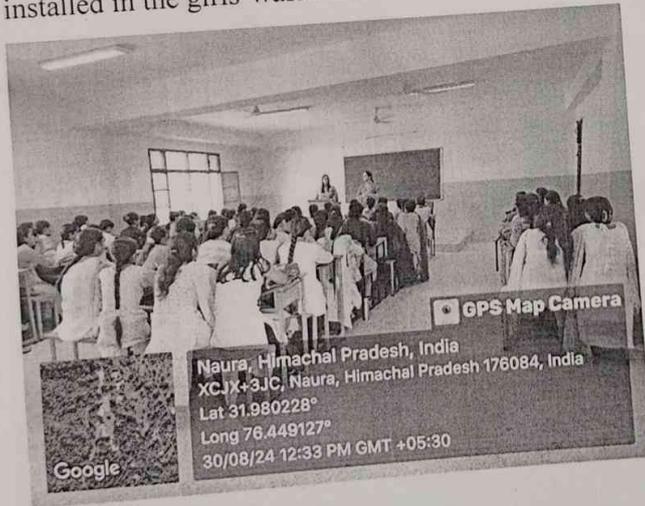
Venue : Room No 4

No. of Participants: 70

Resource Person : Ms Monica & Ms Sapna

REPORT

The Women Grievance Redressal Cell organised a sensitization program for girls of all the streams. Ms Monica, Assistant Professor in the department of English and Ms Sapna, Assistant Professor in the department of History guided and advised the girl students to be rightfully aware about their rights and at the same time they should be vigilant enough so that their security is not breached. The girl students were briefed regarding various aspects that they need to know while they are in the college campus. In case of any grievance or complaint they should not hesitate and report the matter to any member of the Grievance Cell. The students were also informed about how to use the incinerator that has already been installed in the girls' washroom.



Ms Monica
IQAC CO-ORDINATOR

Atal Bihari Vajpayee
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7 (i)

A Lecture on World Mental Health Day

Date: 10:10.24

Time: 12:30 pm

Organizer: Women Grievance Redressal Cell

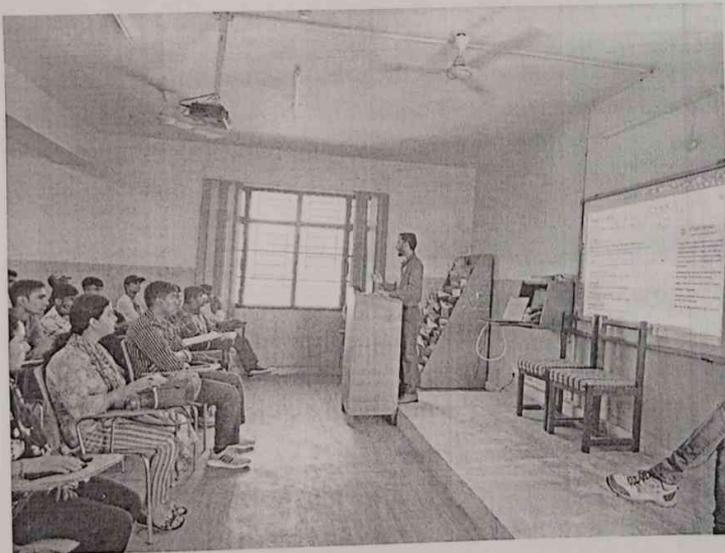
Venue : Room No 4

No. of Participants: 70

Resource Person : Mr. Anil Kapoor

REPORT

The Women Grievance Redressal Cell organised a lecture on the the occasion of World Mental Health Day. Mr. Anil Kapoor , Assistant Professor in the department of Political Science, made the students aware about the importance of mental well-being on the occasion of World Mental Health Day. He further stressed on the fact that its time to reduce stress and anxiety as we are all under intense pressure due to our hectic day to day lives. Perhaps reading can be a helpful tool to check our state of mind. He also emphasised on the fact that over use of mobile phones is also responsible in disturbing our mental health. It actually is a cause of great depression. Mr Anil Kapoor concluded his lecture with sharing his experience that brought forth the importance of books and how these books can help change our perspective on mental health. It must be remembered that , "Mental health is not a luxury but a necessity.



M. Patel
IQAC CO-ORDINATOR

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